What Will It Take?

Solutions to Mental Health Service Gaps in Larimer County

An updated report by the Mental Health and Substance Use Alliance of Larimer County, April 2018

Why is filling the gaps so important?

Mental illness and addiction is common and costly

Everyone knows someone who has experienced mental illness or addiction.

Thousands of residents have a diagnosable mental illness and/or substance use disorder in Larimer County. Many go untreated, which causes unnecessary pain and suffering to the individual, their families, and the community as a whole.

Treatment works!

And **recovery is possible** if the right treatment options are available and accessible to **ALL** individuals.

Local services and facilities are not always available

Although we have many quality services, Larimer County does **NOT** currently have the range of services and facilities that should be available to meet the needs of thousands of residents who need mental health services.

> *We simply don't have the treatment and support services we need to help our community members with mental health and substance use disorders have a fighting chance at recovery, and prevent more catastrophic outcomes. This is unacceptable.*
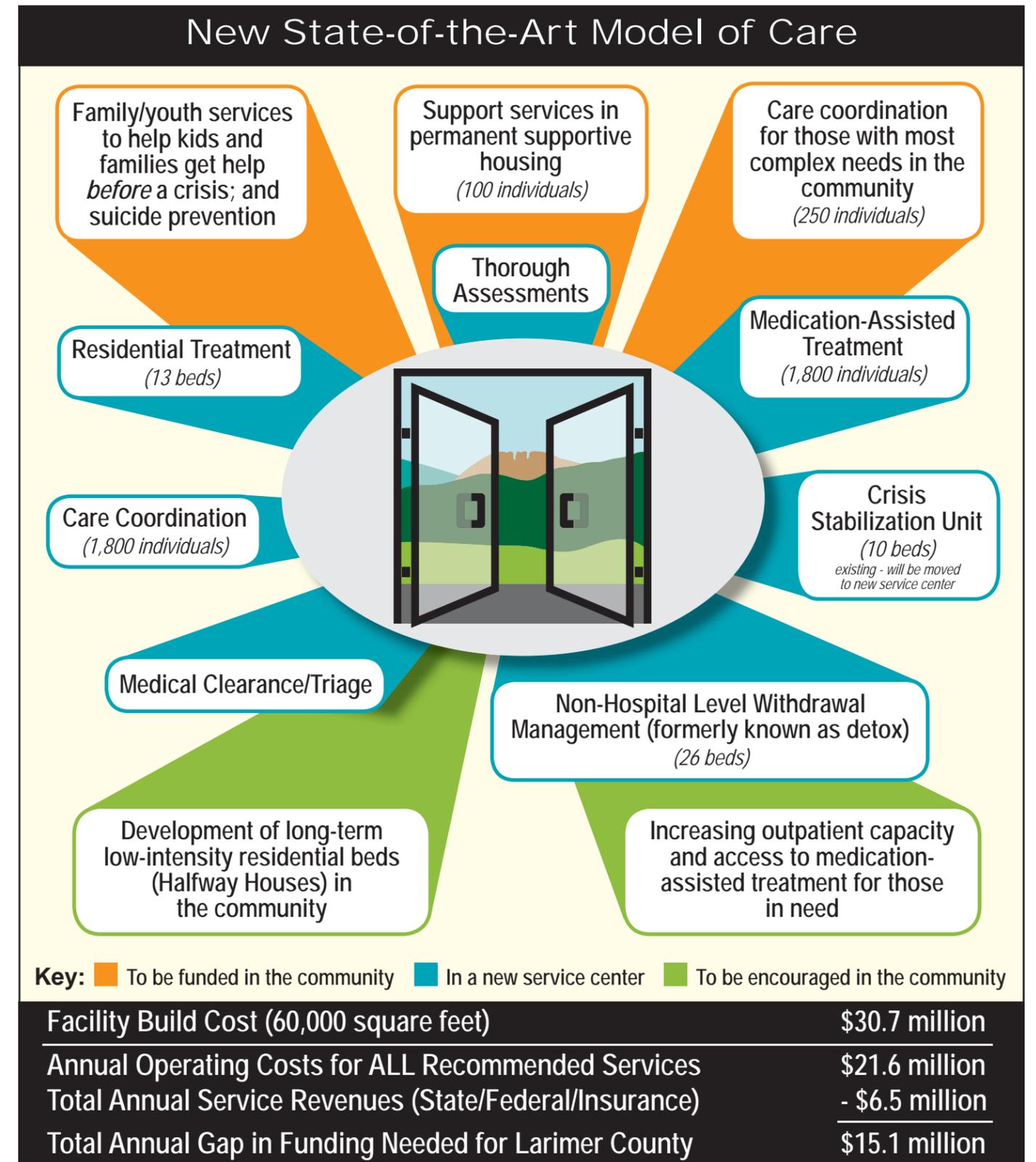
Karen Morgan
Family member and friend of people with mental health disorders

2018 Recommendations Report: What does Larimer County need?

Recommendations for developing new mental health services and expanding existing services capacity:

	Current level of services available in Larimer County	Level of services available in Larimer County with proposed recommendations
Outpatient Treatment for Mental Illness	🟩	🟩
Hospital-Level Withdrawal Management	🟩	🟩
Crisis Stabilization	🟩	🟩
Outpatient Addiction Treatment	🟨	🟩
Youth/Family Prevention & Early Intervention	🟨	🟩
Suicide Prevention Resources	🟧	🟨
Thorough Assessment & Reassessment	🟧	🟩
Assistance with Coordinating Care	🟧	🟩
Medication-Assisted Treatment	🟧	🟨
Intensive Outpatient (IOP) Addiction Treatment	🟧	🟨
Residential Treatment for Addiction	🟥	🟨
Non-Hospital Withdrawal Management (aka detox)	🟥	🟩

Key:
- 🟥 Little or no local, affordable capacity
- 🟧 Additional capacity needed (High need)
- 🟨 Additional capacity needed (Moderate need)
- 🟩 Capacity meets most of the need

New State-of-the-Art Model of Care

Family/youth services to help kids and families get help *before* a crisis; and suicide prevention

Support services in permanent supportive housing
(100 individuals)

Care coordination for those with most complex needs in the community
(250 individuals)

Thorough Assessments

Residential Treatment
(13 beds)

Medication-Assisted Treatment
(1,800 individuals)

Care Coordination
(1,800 individuals)

Crisis Stabilization Unit
(10 beds)
existing - will be moved to new service center

Medical Clearance/Triage

Non-Hospital Level Withdrawal Management (formerly known as detox)
(26 beds)

Development of long-term low-intensity residential beds (Halfway Houses) in the community

Increasing outpatient capacity and access to medication-assisted treatment for those in need

Key:
- 🟧 To be funded in the community
- 🟦 In a new service center
- 🟩 To be encouraged in the community

Facility Build Cost (60,000 square feet)	$30.7 million
Annual Operating Costs for ALL Recommended Services	$21.6 million
Total Annual Service Revenues (State/Federal/Insurance)	- $6.5 million
Total Annual Gap in Funding Needed for Larimer County	$15.1 million

What are the benefits of having the right mental health treatment available?

- Save lives and help families
- Help prevent overdose deaths
- Increase self-sufficiency
- Reduce poverty and homelessness
- Improve health/reduce disability
- Improve quality of life
- Improve productivity

Every $1 invested in addictions treatment **yields a return of $4 to $12**
by reducing unnecessary and costly use of:

Emergency Rooms/Ambulances   **Hospitals/Health Care**   **Law Enforcement/Jails/Courts**

> There are absolutely real cost offsets from providing treatment as opposed to putting people in jail or hospitals, and we have the data that backs that up. But what I'm more concerned with is human outcomes – helping families in our community, getting more people into treatment, and giving people a better chance at recovery. So, yes, expanding services is certainly going to have economic benefits, but more importantly it's going to save lives.

Anne Hudgens
Executive Director
Colorado State University Health Network

Mental Health and Substance Use Alliance of Larimer County
An Unincorporated Non-Profit Association and Health Alliance

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